



Centered Riding[®], Inc.
Level IV Apprentice Evaluation Form
 (To be completed following each clinic)

Apprentice: _____ Level IV Instructor: _____

Dates of Clinic: _____ Type of Clinic: _____

EVALUATION	ABOVE AVERAGE	AVERAGE	NEEDS IMPRVMT	COMMENTS
1. Teaching				
a. Knowledge of CR principles (4 basics) & grounding				
b. Appropriate choice of mounted exercises for riders and horses; lesson plan				
c. Demonstrates knowledge of several exercises that address a particular issue				
d. Demonstrates knowledge of more than one riding discipline and how CR techniques can apply to them				
e. Can explain exercises in both a left and right brain vocabulary				
f. Can determine appropriate ground exercises to address issues that arise				
g. Demonstrates knowledge and understanding of a variety of groundwork exercises				
h. Able to teach large groups of riders, shows understanding of group dynamics				
i. Has a good working knowledge of the technical aspects of riding				
j. Ability to practice & teach awareness, use of self & directives. 75% on use of self; 25% on horse or pupil				
k. Bodywork				
2. Conduct and appearance				
a. Dressed appropriately for teaching				
b. Uses appropriate language at all times				
c. Pleasant and helpful to participants, auditors and organizer				

3. Use of Self				
a. Awareness, allowing & directives				
b. Knowledge of anatomy & its application to riding				
c. Knowledge & use of T'ai Chi, Alexander Technique, Feldenkrais, etc.				
4. Riding				
a. Able to incorporate the 4 basics in own riding				
b. Can develop exercises using CR principles				
c. Other				

Number of Clinic days assisted: _____

Signed: _____ Date: _____
 (Level IV Centered Riding® Instructor)

Additional Comments:

Signed: _____ Date: _____
 (Apprentice)

Apprentice's Comments:

Copies for : _____ Apprentice _____ Apprentice 's Mentor _____ Clinician _____ Cr Office
 (Apprentice, please make copies and distribute)

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