

Centered Riding[®], Inc.

Alternate Update Evaluation Form



The alternate update must meet the same requirements of a regular update clinic. This includes: Riding, Teaching and Ground Work. Each applicant wishing an alternate update must receive the minimum points in each category as described below.

Points to be awarded as follows:

	Possible Points	# of hours	Instructor	Signature	Points Awarded
1. Riding Lessons – (min. 5pts) from:					
a. Level III Instructor (Levels I & II)	1pt./ hr (max 3 pts)				
b. Level IV App. (Levels I, II & III*)	1.5pt./hr (max 3 pts)				
c. Level IV (all levels)	2pt./hr				
d. clinician other than a CR instructor	1 pt/hr (max 3 pts)				
2. Teaching Riding – min. 4pts					
a. Assisting at an Open CR clinic	1pt/day (max 3 pts)				
b. Assisting at an Instructor's or Update Clinic	1.5pts/day				
c. Assisting a Level IV giving private lessons	.25 pt/hr				
d. current Certification from an outside organization in teaching, i.e. ARICP, CEF, USDF, BHS, CHA, etc.	2pts	Show proof of current certification			
3. Bodywork &/or Groundwork – min. 4pts					
Assisting at an Open CR clinic	1pt/day				
Assisting at an Instructor's Clinic	1.5pts/day				
Lessons or workshops in various bodywork modalities, i.e. Alexander work, Feldenkrais, yoga, t'ai chi, etc.	1pt/hr (max 2 pts)				
Attendance at Educational Conference	1pt/day (max 2pts)				

***Level III & IV Instructor's MUST receive at least 2 points of riding lessons from a Level IV Instructor.**

The different requirements (i.e. teaching and bodywork) may be met at the same event/clinic (as in assisting at a clinic).

Please note that the candidate is responsible for making his/her own arrangements with the Level IV Instructor and is responsible for any fees charged or expenses incurred for the time involved.

Instructor applying for Alternate Update: _____ Date of last clinic update: _____

Alternate Update Approved: Yes ___ No ___ Level IV Committee Chair or Designate: _____

Send completed form to the Centered Riding, Inc. office. The Level IV Committee chair or designate will approve/disapprove the Alternate Update. The office will then send the updating instructor a sticker to place in their Instructor Record Book as proof of updating.

Centered Riding, Inc.
P.O. Box 157
Perkiomenville, PA 18074
610-754-0633 / Fax 610-754-0634